

FAMILY CHAT

a monthly newsletter for parents at Christ Church

BOOK OF THE MONTH THE MOON IS ALWAYS ROUND



Sometimes the moon is a circle...
sometimes it's a banana shape... but
really.. it's always round!
In a world of suffering and sadness,
it's sometimes easy to forget that
God is good!
But He is!
This book helps children engage with
these two concepts, sensitively and
helpfully.

#linkofthemoth FAMILY CHAT FRIDAY



- A weekly 15-minute video on Christ Church's YouTube channel - Fridays 10am
- Watch it with your kids, and talk together about what God is saying
- Includes games and a craft idea!

Why don't I pray as much as I could do?

A few main reasons, I think: I'm lazy... I forget... I don't think it'll work... But I think one thing that would help me to pray more would be to remember: **Who am I praying to?**



We're Christians. We say we believe in a God. Well who is it that we say we believe in? What do we expect of Him?

Listen to how Psalm 24v1-2 describes God:

The earth and everything in it belong to the Lord. The world and all its people belong to him. He built it on the waters. He set it on the rivers.

The Earth is God's. He literally made it. Everything. In Cosmic last term, we read through Genesis 1-11... and we saw that God simply **spoke** and He made everything in the world:

...the complexity of people, our ability to think, to communicate, to breathe, to even create things ourselves.

...the vastness of oceans stretching further than we can see!

...the beauty of those oriental ducks in Trent Park, with colours so crisp and delicate.

This morning I struggled even to make toast that wasn't a bit burnt and a cup of tea that wasn't too milky... When we forget who God is... when we forget His immense power... His incredible creativity in the beauty of creation... well we're unlikely to want to talk to Him, or to ask Him for things!

But we can remind ourselves that He is the rightful **owner** of the earth, and everything in it. He's bigger than me! He is the designer and creator and sustainer. When we feel powerless or weak, we know a God who is neither of these things! Why would we not ask Him for help? And when we're tempted to think: Does He care about us? Remind yourself: of course He does – He shed His precious son's blood for us, so that we could know Him!

Some ideas to help us pray with our families:

- Get an empty jar & paper & pencils. Each family member writes 5 things that they're thankful for and puts them into the jar. Read a couple out every lunchtime and pray, thanking God!
- Go for a walk and search for the most amazing object you can find – a beautiful duck, a massive tree, a cool bug?! Talk about how clever and powerful God is to make all this stuff... that He's powerful enough to answer our prayers!
- Lots of songs we sing are actually prayers – look at the Spotify playlists that David has made to sing and pray together!

With love and prayers

Tom

Dinnertime Discussion: Talk about how God made everything we saw on our walk. Talk about His power to make all those things. Ask your family: what could we ask God for today? And then pray and ask Him!